**7 Habits of Happy Kids - The Leader in Me**

**Habit One: Be Proactive – You’re in Charge**

* I am a responsible person
* I take initiative
* I have a "Can Do" attitude.
* I choose my actions, attitudes and moods.
* I don't blame others. I do the right thing without being asked, even if nobody is looking.

**Habit Two: Begin with the End in Mind – Have a Plan**

* I plan ahead and set goals.
* I do things that have meaning and make a difference. I am an important part of my classroom. I look for ways to be a good citizen.

**Habit Three: Put First Things First – Work first, Then Play**

* I spend my time on things that are most important. This means I say no to things I should not do.
* I set priorities, make a schedule, and follow my plan.
* I am organized.

**Habit Four: Think Win-Win – Everyone Can Win**

* I want everyone to be a success.
* I don't have to put others down to get what I want.
* It makes me happy to see other people happy. I like to do nice things for others. When a conflict arrives, I help brainstorm a solution.
* I believe we all can win!

**Habit Five: Seek First To Listen, Then to Be Understood**

* I listen to other people's ideas and feelings. I try to see things from their viewpoints.
* I listen to others without interrupting.
* I am confident in voicing my ideas.

**Habit Six: Synergize – Together is Better**

* I value other people's strengths and learn from them.
* I get along well with others, even people who are different from me. I work well in groups. I seek out other people's ideas to solve problems.
* I know that "two heads are better than one". I am a better person when I let other people into my life and work.

**Habit Seven: Sharpen the Saw – Balance Feels Best**

* I take care of my body by eating right, exercising, and getting sleep.
* I spend time with family and friends. I learn in lots of ways and lots of places.